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## SIMON'S FIVE FAVOURITE THINGS THIS MONTH

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### 1 MALDON SMOKED SEA SALT

This salt has a wonderfully strong smell but a lovely subtle smoky flavour that enhances, rather than overpowers, food.

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### 2 KITCHENAID FOOD MIXER

Not only do they look great and come in funky colours, they're the perfect size for cooking at home. Strong enough to make bread dough; fast enough to whip egg whites.

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### 3 KOHU ROAD ICE-CREAM

This ice-cream is free from preservatives, flavourings and enhancers and tastes like ice-cream should.

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### 4 WHITE OYSTERS

A national delicacy. With the season now in full swing, enjoy these oysters while you can.

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### 5 BHANA BROS, PONSONBY ROAD

A great shop for exotic fruits and vegetables, deli goods and beautiful flowers.

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### RECIPES ONLINE

[WWW.MINDFOOD.COM](http://WWW.MINDFOOD.COM)

Don't know what to cook for dinner tonight? Go to [www.mindfood.com](http://www.mindfood.com) for a daily recommendation of delicious, easy-to-prepare meals.

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